

2019 Winter/Spring Parks & Rec Guide

General Information

Parks & Recreation Office
8 Flowers Drive
Mechanicsburg, PA 17050
HOURS: M-F, 8:00 am to 4:00 pm



Employment

Summer Employment Available

www.sstwp.org (Employment)

(717) 766-0178

parkinfo@sstwp.org



Registration

Get Active

<http://silverspringrec.recdesk.com>



Park Maintenance Request

Report a Concern

parkinfo@sstwp.org

(717) 766-0178



Rentals

Book a Facility

<https://silverspringrec.recdesk.com>



Summer Camps

Silver Spring Township is offering an 8 & 1/2 week camp for kids entering grades 1 through 9. The program is divided into two grade-specific camps:

CAMP CAN #ChildrenActiveNonStop is a program for children entering grades 1 to 5, as of September 2019. Central Location: Eagle View Middle School Auxiliary Gym.

CAMP ROX #RecreationalOutdoorEnthusiasts is a program for children entering grades 6 to 9, as of September 2019. Central Location: Eagle View Middle School Cafeteria.

This summer, children will experience play-based learning, a “culture of health” initiative, sports, art, music, educational lessons, field trips, guest speakers providing hands-on experience with various trades, weekly themes and 2 hours of physical activity each day to encourage children to stay active. Registration is online and is first come, first served.

Camp Duration: June 12th (*tentative*) – August 9th

Camp Operating Hours: 7:30 am – 5:30 pm

Registration Online:

<https://silverspringrec.recdesk.com>

\$155/week Residents by 4/12/19

\$165/week Residents after 4/12/19

\$170/week Non-Residents by 4/12/19

\$180/week Non-Residents after 4/12/19

For More Info Visit:

<https://silverspringrec.recdesk.com>

> Forms Page

> 2019 Camp Parent Guide

If you have questions, please call (717) 766-0178

Activities

VOLLEYBALL INTRAMURAL

Session I: W, March 27-May 29

Session II: T, March 28-May 23

Time: 8:00 pm-10:00 pm

Ages: 18+

Location: Spectator Gym-CVHS

Resident: \$40/session

Non-Resident: \$45/session

All skill levels can enjoy pick-up games. Two courts available for participants. Each intramural session runs for 8 weeks and is proctored. NO CLASS 4/3, 4/17, 4/18.



BARRE-LATES

Dates: W, March 13-May 1

Time: 6:15 pm-7:00 pm

Location: Silver Spring Fire Co.
Social Hall

Ages: 18+

Resident: \$45

Non-Resident: \$49

The perfect blend of Barre topped with traditional Pilates. Enhance your flexibility and improve your balance through a variety of exercises and stretches with cardio mixed-in! Bring your energy and smile! This class is appropriate for all levels. Bring a mat and water.

MAT PILATES

Dates: W, March 13-May 1

Time: 7:15 pm-8:00 pm

Location: Silver Spring Fire Co.
Social Hall

Ages: 18+

Resident: \$45

Non-Resident: \$49

Work your core muscles and enhance muscular strength and flexibility. These exercises are done on the floor using an exercise or yoga mat, which employs controlled breathing during body weight resisted movement to build core strength. This class is appropriate for all levels. Bring a mat and water.

POUND

Dates: M, March 18-May 6

Time: 7:15 pm-8:00 pm

Location: Silver Spring Fire Co.
Social Hall

Ages: 18+

Resident: \$45

Non-Resident: \$49

POUND is the world's first cardio jam session inspired by the infectious, energizing and sweat-dripping fun of playing the drums. POUND welcomes participants of any level, ability and musical preference through flexible programming, diverse and exciting rhythms, exceptional instruction, and good old-fashioned fun. Ripstix will be provided. Bring a mat, towel and water.

PING-PONG OPEN PLAY

Dates: M&W, Feb. 18-April 10

Time: 8:15 PM – 9:45 PM

Location: Silver Spring Fire Co.
Social Hall

Ages: 18+

Resident: \$32

Non-Resident: \$35

All skill levels can enjoy pick-up games. There is no instruction. Competitions will be set-up depending on the number of participants for singles and doubles. Bring your own paddle and ball.



GOLDEN LITE SENIOR FITNESS

Free Trial: Th, April 4

Free Trial: Tu, April 9

Session I: Th, April 11-May 30

Session II: Tu, April 16-June 4

Ages: 18+ welcome

Time: 10:00 am – 11:00 am

Location: Silver Spring Fire Co.
Social Hall

Instructor: Certified AFAA Group Fitness Instructor Tim Shollenberger

Resident: \$45

Non-Resident: \$49

This total body workout is geared to Active Agers and will consist of "on the floor" [i.e. no jumping] cardio movements set to music from the '60's and '70's and '80's followed by light strength training using hand-held weights and wrapping-up with some gentle mat work to tone and strengthen the core. Conclude with gentle stretching. Bring a mat and water. We're offering a FREE trial on two dates above, and there's no obligation to sign-up.

DANCE - KINDERDANCE

Session I: M, March 11-April 15

Session II: M, May 6-June 17

Time Options: 5:15 pm-6:00 pm
OR 6:15 pm-7:00 pm

Location: Silver Spring Fire Co.
Social Hall

Ages: 3-5

Resident: \$55/session

Non-Resident: \$60/session

Children learn basic dance moves and are introduced to ballet, tap, and basic acrobatics. Dance attire is not required. All skill levels are welcome.



BITTY BALLET

Session I: M, Feb. 11-March 18

Session II: M, April 8-May 13

Time: 10:15 am-11:00 am

Location: Silver Spring Fire Co.
Social Hall

Age: 2-6

Resident: \$80

Non-Resident: \$88

Bitty Ballet® is a program designed for preschool age children (2.5-6 years of age) as an introduction to dance & the basics of ballet. Ballet is a wonderful stepping stone to encourage group participation, listening to an instructor and a true love of dance and movement for these developing souls. Simple ballet positions and moves also encourage physical activity and controlled body movements in toddlers. Dance attire is not required.

MAKE, TAKE, & BAKE WORKSHOP

Single Dates...

Session I: Tu, Feb. 26

Session II: Tu, March 12

Session III: Tu, April 23

Time: 6:00 pm-7:00 pm

Location: New Kingstown Fire
Company Social Hall

Ages: 4-12 (kids ok with adult)

Resident: \$45

Non-Resident: \$50

This is a great opportunity for kids to get comfortable in the kitchen! Each child will make 2 recipes using Taste-fully Simple ingredients to take home and bake with an adult. Participants must bring 8 ounces of uncooked ground Italian pork or turkey sausage and one-13x9 baking dish. All other ingredients are provided. Register 10 days prior.

Activities

FREEZER MEAL WORKSHOP

Single Dates...

Session I: Tu, Feb. 26

Session II: Tu., March 12

Session III: Tu, April 23

Session III: Tu, May 28

Time: 7:15 pm-8:15 pm

Location: New Kingstown Fire Company Social Hall

Ages: 18+

Resident: \$60/session

Non-Resident: \$65/session

Assemble 5 freezer meal recipes with Tastefully Simple ingredients to take home and cook when you're ready! Recipes bring variety to your kitchen and can be cooked in the crockpot, stove or oven. The instructor will provide ingredients, except for meat, which the participant should bring with them. More details will be provided prior to the class. Register 10 days prior.

COOKIE WORKSHOP

Single Date: Th, Feb. 7

Time: 6:30 pm-7:30 pm

Location: New Kingstown Fire Company Social Hall

Ages: 18+ (kids ok with adult)

Resident: \$50

Non-Resident: \$55

Make 3 types of cookies for Valentine's Day! Each recipe makes 2 dozen cookies. Ingredients are provided. Bake the cookies at home when you are ready. Register 10 days prior

AARP SMART DRIVER COURSE

Single Date: Tu, May 7

Time: 8:30 am-12:30 pm

Location: Silver Spring Fire Co. Social Hall

Ages: 50+

AARP Members: \$15

Non-Members: \$20

For drivers refreshing their driving skills! Continue to receive a savings, up to 5%, on car insurance (based on driving record). Learn current rules of the road, defensive driving techniques and how to operate your vehicle more safely. Call to register in advance. **Payment must be made directly to the instructor on the day of the class. Check or cash only.** Renew every 3 years.

INVESTMENT WORKSHOPS

Call to Register (717) 766-0178

Single Dates...

Session I: W, Feb. 20

Session II: W, March 6

Session III: W, March 20

Times: 11:00 am-12:30 pm

Location: Silver Spring Fire Co. Social Hall

Ages: 18+

Instructor: Jennifer A. DeNapoli, Associate Financial Consultant, Charles Schwab & Co., Inc.

Fee: Workshops are **FREE**.

Registration is required.

Session I: "Seven (7) Fundamentals You Need for Investing Success"

Are you putting an investing plan in place or wanting to update the one you have? Take ownership of your investments.

Session II: "Build a Strong Investing Foundation" Gain confidence in your investing decisions by understanding the key terms and concepts that can help you get started.

Session III: "Getting Retirement Ready" Planning for retirement is about finding ways to live your later years doing what matters most to you.

Summer Job Opportunities

Silver Spring Township Parks & Recreation

Applications and job descriptions are available on our website → www.sstwp.org – click on 'Employment.'

Interviews begin in March 2019. For questions, call (717) 766-0178 or email parkinfo@sstwp.org.

Open Positions:

- Camp Director
- Assistant Camp Director
- Camp Counselor
- Summer Internship



HMMS SOCCER FALL 2019 & SPRING 2020 REGISTRATION

HMMS is Hampden - Middlesex - Monroe - Silver Spring, the townships that make up the CVSD.

Online registration for HMMS Soccer will be open February 15, 2019 through May 31, 2019. Children born between 1/1/2001 & 12/31/2015 are eligible to register.

Beginning February 15, go to www.HMMS-Soccer.org Click on REGISTRATION & then select 2019-20 REGISTRATION.

HMMS offers Recreational, Travel, Elite, & TOPS level soccer programs



Bus Trips

DEPART MECHANICSBURG
from the Sam's Club parking lot.

Register here: <https://silverspringrec.recdesk.com>



PHILADELPHIA FLOWER SHOW

THURSDAY, MARCH 7

\$89 PER PERSON

Enjoy the world's biggest and oldest flower show! The 2019 show theme is "Flower Power" and will feature the worldwide 2019 floral-design competition for the FTD World Cup of Flowers, as well as marking the 50th anniversary of Woodstock. The show features a huge gardening marketplace, talks, a judged amateur plant-growing competition and wine-tastings. The trip includes transportation to and from the PA Convention Center, show tickets and on-board show tips and gardening tidbits by George Weigel. Driver gratuity is not included.

NEW YORK CITY – DAY ON OWN

SATURDAY, MAY 4

\$65 PER PERSON

New York City has an unbelievable array of shopping, over 150 world class museums, 18,000 restaurants and 135 Broadway theatres so there's a lot to choose from! Enjoy this springtime day at your leisure in New York City. The trip includes transportation to and from New York City, and a NYC map. Depart from Mechanicsburg at 6:30 am and return home around 11:00 pm.

You will leave the city at 7:00 pm.

Driver gratuity is not included.



NEW YORK CITY – SALUTE AMERICA

SATURDAY, MAY 18

\$115 PER PERSON

Arrive at Battery Park around 10:00 am to board the ferry to Ellis Island, then enjoy a visit to the 9/11 Memorial and museum. The Ferry will stop at the Statue of Liberty along the way. Depart from Mechanicsburg at 6:00 am and return home around 9:00 pm. You will leave the city at 6:00 pm.

This trip includes transportation to and from the city, the Ellis Island Ferry, Statue of Liberty, 9/11 Museum admission, and taxes.

Driver gratuity is not included.



MECHANICSBURG MINI-STORAGE

(717) 691-4154

The next edition of this Parks & Rec Guide will be mailed to residents in May. Three more bus trips are being planned.



"I'm a proud resident of Silver Spring Township. For the last 20 years, I've helped many of our neighbors make smart financial decisions. If you want some advice, and a free review of your current plan, please give me a call."

Brad Paul, CMFC®
ph (717) 461-7828

Willowbranch
FINANCIAL GROUP



WillowbranchFinancial.com

Brad Paul, CMFC® is a financial advisor offering securities and investment advisory services through Waddell & Reed, Inc., a Broker/Dealer, member FINRA/SIPC and federally registered investment advisor. Waddell & Reed, Inc. is not affiliated with Willowbranch Financial Group.

Community Events

5K JIG-JOG
SEE NEXT PAGE

COMMUNITY EGG HUNT

SATURDAY, APRIL 13

FREE TO PARTICIPATE

11:00 AM at Hidden Creek Park (access from Sample Bridge Road) This event is geared to children 10 and under in the community. Bring your own basket to participate. Visit with the Easter Bunny! This event is hosted by the Silver Spring Township Police Department.



EARTH DAY WORK DAY

SATURDAY, APRIL 20

9:00 AM START

Check-in at 8:45 am, at the Vincent DiFilippo Nature Preserve for instructions. Volunteers will help with litter pick-up, invasive removal, and tree plantings. Come prepared to get dirty! We are still finalizing event details, but in the meantime, please RSVP to volunteer by calling (717) 766-0178 or email parkinfo@sstwp.org. We look forward to seeing you there!



VOLUNTEER TODAY!

Volunteers play a vital role in the success of the Silver Spring Township Parks. We are currently seeking energetic and dedicated individuals to serve in a wide range of volunteer roles. For more information, contact Kristy at kmoore@sstwp.org or call 717-766-0178



PLANNING ♦ ENGINEERING ♦ SURVEYING

(717) 770-2500
www.alphacei.com

Faulkner
— TO BE SURE —



All conveniently located on the Carlisle Pike in Mechanicsburg

ORRSTOWN BANK



5K JIG-JOG

\$25 per person

Price increases after March 1, 2019. Convenience fees apply.

Run, walk, jig or jog! Have a specific goal in mind? Set it and achieve it! This race is held over the St. Patrick's Day weekend and is a fun and festive event for the community. All are welcome. Participants receive a finisher medal and t-shirt (guaranteed if registered by 2/23/19). Top runners receive prizes. Results are posted online and at the finish line. Please join us at ABC Brewing in Mechanicsburg, afterwards. Participants receive a complimentary beer/soda ticket in their runners' bag – age restrictions apply for alcoholic beverages. The event is sponsored by Alpha Engineering, Fleet Feet, and ABC Brewing.

LOCATION

Stony Ridge Park, 50 Bernheisel Bridge Road, Carlisle, PA 17015

RACE DAY SCHEDULE

- 8:45 – 9:30 am Check-in & Walk-Up Registration
- 9:45 am Leprechaun Dash Starts (FREE – kids 2-10)
- 10:00 am 5K RACE STARTS (3.1-mile chip-timed run/walk)
- 10:45 am Race Results & Awards

REGISTER ONLINE: <https://runsignup.com/Race/PA/Carlisle/JigJog5K>

DANIELLESELLSPA.COM

"BUY OR SELL, CALL DANIELLE!"

CHEERS TO A HAPPY & HEALTHY 2019!

AS YOUR NEIGHBOR & SILVER SPRING TOWNSHIP RESIDENT MYSELF, I'D LOVE TO ASSIST YOU IN YOUR NEXT MOVE!

DANIELLE MOORE, CNE, REALTOR

CALL/TEXT: 717-775-4200

DANIELLESELLSPA@GMAIL.COM

OFFICE: 717-761-4800



RESIDENTIAL BROKERAGE

HUSTON MILL RESTORATION



BEFORE PHOTOS

Huston Mill, located in Willow Mill Park, has been a local landmark since the late 1790s. The mill structure is named for James S. Huston, who owned and operated the gristmill from the 1880s through the early 20th century. Today, evidence of the mill race and interior machinery is gone, but the mill building survives as a reminder of past times (public access is not available). A non-profit group called the “Friends of Willow Mill” was established 23 years ago in Silver Spring Township to raise funds and support the restoration of the historic mill as a community center. The group raised enough money to get through the first phase of restoration (2016-2018), which included all new roofing, interior framing, windows and doors. Funding is still needed for subsequent phases to complete the restoration of the mill. If you’re interested in getting involved with the Friends Group or would like to make a donation, please contact Kristy Moore, Parks & Recreation Manager, at kmoore@sstwp.org or call (717) 766-0178. Plans for the future use are being discussed.



AFTER PHOTOS

SAIDIS, SHULTZ & FISHER
• ATTORNEYS AT LAW •



2019 Winter/Spring Parks & Rec Guide

Silver Spring Township

ACTIVITIES & EVENTS INSIDE!

CONNECT NOW

@Silver Spring Rec



Like Us



Follow Us



Hashtag Us



Sign-Up parkinfo@sstwp.org



Employment www.sstwp.org

“DUAL PICKLEBALL/
TENNIS COURT &
BASKETBALL COURT
RESURFACING
HAPPENING SOON AT
PLEASANT VIEW PARK!”



8 Flowers Drive
Mechanicsburg, PA 17050
www.sstwp.org

PRSRT STD
U.S. Postage
PAID
Harrisburg, PA
Permit No. 557



PAVILION RATES

Book a pavilion in one of Silver Spring Townships' parks! Half day rental options are available at designated times; Option 1: sunrise to 2pm, Option 2: 3pm to sunset. Option 3: sunrise to sunset. If a date is not available on the calendar, you won't have the option to click 'RESERVE.' Amenities and photos are described online (link below).

Residents

Full-Day (sunrise to sunset) \$75

Half-Day (see above time options) \$50

Non-Residents

Full-Day (sunrise to sunset) \$100

Half-Day (see above time options) \$75

Book a Facility

<https://silverspringrec.recdesk.com>

Contact Us: (717) 766-0178 • parkinfo@sstwp.org.



MAKING HOME DREAMS COME TRUE

\$250 OFF

Your Mortgage Closing Costs
when you present this ad at the
time of your mortgage application.

Contact Getty Wilson today to get
started on your new home dream!

717.557.8705

Getty Wilson

NMLS #586367

Mortgage Team Leader
gwilson@centricbank.com



CentricBank.com